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A FALL FULL OF FUN FROM MRCC

MRCC has a bounty of fun on tap for your enjoyment this fall.

- On Saturday, **November 6** we will get together at the NYNJ Trail Conference as we hold our annual 5K run / 3K walk.
- Then on Monday, **November 15**, our annual Taste of the Region brings a delicious array of food and drink.
- On **December 3**, we will come together at our annual Holiday Luncheon to honor and recognize members of our community.
- Our WIBI and YPN groups have several networking events lined up for the season, too, so join the fun !



JOIN US · SUPPORT US · MAKE A DIFFERENCE

MRCC GOLF OUTING



MRCC honored the Van Duren Family of Ramsey Auto Group at this year's 30th Annual Golf Outing.

More photos on p. 9 and 10.



DIRECTOR SPOTLIGHT

Debbie Schaub
C&B Accounting

Debbie Schaub's career as a CPA carved her professional path with Fortune 500 companies, including Price Waterhouse and IBM. She now brings her corporate experience to small business owners as their advocate through her company, C&B Accounting. Debbie works with small business owners to assess their strategies, clients, employees, and culture. With that knowledge, Debbie helps her clients navigate the complexities of accounting, compliance, and financial planning to take their business far beyond "tax season." Her philosophy is: "If you don't truly understand your finances and how your numbers work, you are losing money." Debbie and her husband Chris have three children, Krisanne, Hannah, and Stephen. They've lived in Mahwah for 23 years and have two rescue dogs Snoopy and Zeus. Deb loves running marathons and spending time outdoors, and she's pleased to serve as MRCC's treasurer.

Register today!

NOVEMBER 6

5K Run & 3K Walk

NYNJ Trail Conference, Mahwah

Enjoy the picturesque course, plus food, awards and prizes.

Registration closes Nov. 4.

Walkins welcome.

NOVEMBER 10

WIBI Signature Event

Spark the You in Your Business!

Via ZOOM

NOVEMBER 15

Taste of the Region

Crowne Plaza Suffern-Mahwah

Enjoy a taste of some of the region's best food and drink, a fun evening for all.

NOVEMBER 16

YPN Paint & Sip

Pinots Palette: Ridgewood

MRCC's Young Professionals

November Networking Event

DECEMBER 3

Holiday Luncheon

Crowne Plaza Suffern-Mahwah

Our annual celebration of the festive holiday season, complete with holiday boutique

Register at mrcc.biz

PRESIDENT'S MESSAGE

Dear Friends and Colleagues,

Can you believe its Fall already? For me, fall is a time for family, friends, and football. It's a time of change and of giving thanks. As the days get shorter and the weather gets cooler, I want to send this message of gratitude to all the members and volunteers who make the MRCC such a great organization. The MRCC is more than just a website, or an office, or an acronym; it's a community. A community that genuinely cares for the success of each of its members. It's a community that goes above and beyond. It's a community that comes together for those in need.

An extra special thank you goes out to the Golf Committee who, under the leadership of Jeff MacFarlane and Liz Kloak, planned and held a safe and successful golf outing this September. It was great to see so many of our members take advantage of the beautiful weather and pristine course while honoring our humanitarians of the year, The Van Duren Family of Ramsey Auto Group. Together we were able to raise funds and help support both the Mahwah Municipal Alliance and Desire For Hope.

As we head into the holidays, I want to wish each and every one of you good health and happiness. Please enjoy the season with your families and friends and know how very grateful I am of all of you.

I look forward to seeing you soon!



Peter Gallo
MRCC President
Owner, Envision Video Services



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MEMBER NEWS BRIEFS

• **Fast Twitch Performance and Recovery** – which specializes in all Medical and



Performance Needs is now offering a Golf Performance Class!

It's a 16-week program built specifically for you and YOUR Swing, to improve your game and enhance your performance.

Our TPI certified Coaches (Titleist Performance Institute) will build a custom program for enhancing the overall efficiency of your golf swing, which focuses on Speed, Power, Mobility, Stability and Range of Motion.

The class will offer a free TPI Assessment, weekly club head speed tracking, launch angle tracking, a 16-week custom program (Strength, Mobility, Stability, Power and Swing Speed), and a recovery program to optimize your training and a deep evaluation of the body-swing connection, showing the physical limitations that have been the root cause for some of your swing deficiencies.

Join us this Off-Season and take the first step to improving your game! For more information, please call 201-749-7922 or email info@fasttwitch.com.

• It's official! On Tuesday, October 26, Real Living Gateway Realtors officially became **Terrie O'Connor Realtors-The Gateway Group**. Terrie O'Connor, Broker/President of Terrie O'Connor Realtors announced the latest company acquisition, expanding the brand into southern Bergen County markets. "What a momentous occasion for both companies," announced Terrie. "Mary Ellen Courtney is an industry leader who built an impressive business through exceptional client service, hard work and agent development. It was a natural fit."

This acquisition secures a solid presence and a commanding market share for Terrie O'Connor Realtors in south central Bergen County. For more than 20 years, Gateway has sold more homes in Hasbrouck Heights, Wood Ridge, Lodi, Carlstadt and East Rutherford than any other real estate office.

"Matthew and I are thrilled to welcome this premier south central Bergen County brokerage headquartered in a landmark Hasbrouck Heights building on the Boulevard. And, we look forward to working with their 30+ exceptional real estate professionals to continue to grow that office and our market share in south central Bergen County," announced Terrie.

Mary Ellen Courtney and her husband, Martin, founded Gateway Realtors 38 years ago. Since opening their doors in 1983, Gateway Realtors has consistently earned over 97.6% customer satisfaction ratings from their former franchisors.

For more than 20 years, Gateway has sold more homes in Hasbrouck Heights, Wood Ridge, Lodi, Carlstadt and East Rutherford than any other real estate office. Gateway's longevity and market dominance has been the result of hard work, better trained sales agents, superior technology and more effective marketing tools.

Celebrating 30 years, Terrie O'Connor Realtors is a leading independent real estate brokerage providing hallmark real estate services throughout northern New Jersey and Southern New York counties of Orange and Rockland. Terrie O'Connor Realtors is home to 470 sales associates and more than 40 employees among its nine branch offices in Allendale, Hasbrouck Heights, Kinnelon, Ramsey (Main Street), Ramsey (New York headquarters and business office), Ridgewood, Saddle River, Upper Saddle River and Wyckoff.

• **THE MAX Challenge of Ramsey** is honored to be nominated for the prestigious 2022 Best Of Bergen Magazine under the Health &



Beauty / Best Health and Fitness Center Category.

Since it opened its doors, in July of 2019, THE MAX Challenge of Ramsey has helped hundreds of people in Bergen County to live a healthier, happier and more fulfilled lives. Cast your vote at <https://njersy.co/201vote>. THE MAX Challenge of Ramsey is located at 1300 NJ-17 in Ramsey, at the Ramsey Square Mall. Call us at 201-331-6321.

• **Worldwide Community First Responder, Inc.** was named a "2021 Top-Rated Nonprofit" by GreatNonprofits, the leading website for community recommendations of charities and nonprofits. WCFR provides health education, first aid, first response, and disaster preparedness training locally and abroad that save lives. We are honored to be named a 2021 Top-Rated Nonprofit. We are proud of our accomplishments this year, celebrating our tenth year anniversary "Teaching People, Saving Lives".

The Top-Rated Nonprofit Award is based on the rating and number of reviews that Worldwide Community First Responder, Inc. received from volunteers, donors, and aid recipients. "I support WCFR because I believe in empowering people and WCFR achieves this by hosting free life-saving training sessions to people in areas that need it the most," says Sabrina HoSang Jordan - CEO of Caribbean Food Delights.

"Worldwide Community First Responder, Inc. is a great example of a nonprofit making a real difference in their community," said Perla Ni, CEO of GreatNonprofits, "Their award is well-deserved recognition not only of their work but the tremendous support they receive, as shown by the many outstanding reviews they have received from people who have direct experience working with Worldwide Community First Responder, Inc."



Jacqueline Cassagnol



MRCC TAILGATE LUNCHEON

Our Annual Tailgate Luncheon was held on October 8 at the Mason Jar. Thank you to Liberty Family of Dealerships and the Ramsey Auto Group for displaying their 2022 cars.



UPCOMING EVENTS

- NOV**
- 6 Fall Back 5K Run; Sponsored by: B&G Bagels; Danielle Richards Photography; Earthcam, Inc.; Envision Video Services; Fast Twitch Performance & Recovery; Good Samaritan Hospital; Inserra Supermarkets, Inc.; Konica Minolta Business Solutions U.S.A., Inc.; M&T Bank, Mahwah Bar & Grill; New Balance; Primo Hoagies; Ramsey Outdoor; Ridgewood Moving Services Co.; TD Bank; The Max Challenge of Ramsey; and Valley Health System; NYNJ Trail Conference, Mahwah, NJ
 - 9 Member Benefits Overview; Via ZOOM
 - 10 WIBI Signature Event; Spark the You in Your Business! Sponsored by: Good Samaritan Hospital; TD Bank; Synergia Financial Group; Two By Two; and Vibrant Visions International; Via ZOOM
 - 15 Taste of the Region; Sponsored by: Bergen Magazine; Bergen Volunteers; Crowne Plaza Suffern-Mahwah; Eastwick College; Envision Video Services; Good Samaritan Hospital; Inserra Supermarkets, Inc.; Konica Minolta Business Solutions U.S.A. Inc.; M&T Bank; Valley Health System; Crowne Plaza Suffern-Mahwah, Suffern, NY
 - 16 YPN Paint & Sip; Sponsored by: TD Bank and Valley Health System; Pinots Palette, Ridgewood, NJ
- DEC**
- 3 Holiday Luncheon; Sponsored by: Good Samaritan Hospital, Crowne Plaza Suffern-Mahwah, Suffern, NY
 - 8 WIBI Holiday Breakfast; Sponsored by: Good Samaritan Hospital and TD Bank; Crowne Plaza Suffern-Mahwah, Suffern, NY
 - 14 YPN Ugly Sweater Networking; Sponsored by TD Bank and Valley Health System; Crowne Plaza Suffern-Mahwah, Suffern, NY

**Sponsorships still available. Please inquire at the office. All dates and events are subject to change. Please visit mrcc.biz for up-to-date information and to register for all events.*

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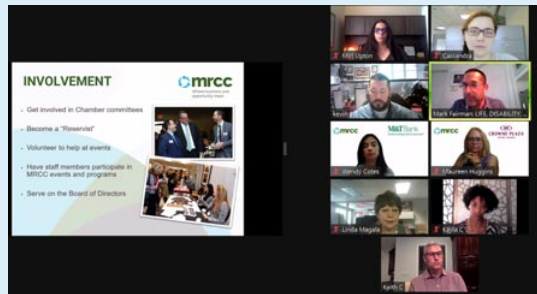


At our Tailgate Luncheon, Lorraine Montalbano, Howard Hanna Rand Realty; Michael Carew, Valley Bank; and Amrita Khurana, The Falcon Group at Keller Williams received their MRCC Membership Plaques.

Member Benefits Overview

Mark Fairman, MRCC's VP of Membership, presenting a virtual Member Benefits Overview in August to new members and future members to learn all that the MRCC has to offer its members!

Please join us for the next presentation on November 9.



MRCC welcomes these new members and invites you to visit them at mrcc.biz

Barbara Ostrom Associates, Mahwah

Bozza Yoga Littles, Allendale

Dominican College, Orangeburg

Finance of America Commercial, Glenham

HYTORC, Mahwah

RCADD-Drug Dependence, Inc., Nanuet

School of Rock Waldwick, Waldwick

StarrGates Business Communications, Fair Lawn

Volvo Car USA, Mahwah

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2021 Community Outreach Project Benefiting:



COMMUNITY OUTREACH SERVICES, INC.

Community Outreach Services, Inc. is dedicated to the eradication of homelessness, hunger and poverty within the surrounding community. They will seek persons in need where they may be found and utilize education and training programs to assist in addressing their needs and the needs of their families. They are dedicated to restoring and maintaining the self-esteem of all the people we serve within the community.

WAYS YOU CAN SUPPORT:

- Logo Sponsor - \$250
- Name Recognition Sponsor - \$100
- Make a Monetary Donation
- Collect/Donate Items & Drop off at MRCC Office

MRCC'S YPN is collecting items to support Community Outreach Services through November 11th. Supplies or monetary donations are greatly appreciated.

FOR MORE INFO VISIT MRCC.BIZ/YPN OR CONTACT CASSANDRA@MAHWAH.COM

[CLICK HERE TO SUPPORT](#)



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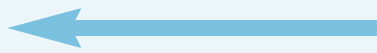
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Our young professionals know how to have a good time while forming a great community of networking!



On August 17 the Tavern 17 hosted our YPN's afterhours event.



YPN's Community Outreach project ends November 11. Please help if you can.



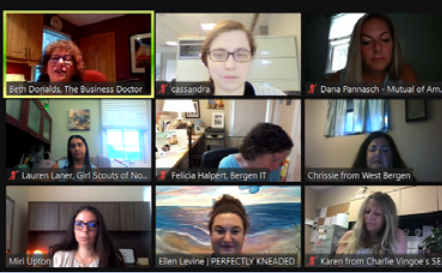
On September 9, our YPN group met at Stumpy's in Upper Saddle River for fun and games. A big shout out to Warwick Valley Winery for donating the wine and to SQ Pizza for donating pizzas!



On October 21, our young professionals gathered at the Crowne Plaza Suffern - Mahwah for their Annual Oktoberfest!

Precautions- Vital Records

- Examples of documents that should be considered vital records are as follows, but not limited to:
- Policies and procedures, contracts, memorandums of agreement/understanding, timesheet information and payroll
 - An electronic and hard copy list of staff members and their contact information (Name, Address, Email, Phone, Personal Email, etc.)
 - Necessary keys, access codes, or passwords
 - Community facility location and directions
 - Financial & Tax records



Our WIBI Leadership Team decided to remain virtual through November and meet only once a month.

They are looking forward to their in-person Holiday Breakfast on December 8.

WIBI's August interactive workshop "Yes, You Do Need a Contingency Plan for Your Business" was presented by Beth Donalds of Business Doctor of North Jersey.



September 22 – WIBI's Totally Social "Back to School, Back to Business"



September 29 - Creating a Wardrobe That Works for You with Pam Etzin, An Eye for Detail

On October 13, Kris Pepper, Finish Line Marketing presented Grow Your Own Marketing Plan: 6 Simple Concepts to Cultivate Business Growth.



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ASTE OF THE REGION & Business Showcase

MONDAY

November 15, 2021

6:00 – 8:00 pm

Crowne Plaza Suffern-Mahwah

A delicious exploration of the region's best food and drink.

To ensure the safety of our guests, proof of vaccination or a negative COVID test will be required. Please call MRCC with any questions.



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MRCC GOLF OUTING



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MRCC Chamber Briefs mrcc.biz

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